

SCHOOL OF HOSPITALITY AND TOURISM MANAGEMENT

UNIVERSITY OF TECHNOLOGY, JAMAICA

Guidelines for Competency Goals

Each Student is required to prepare five (5) competency based goals that they would like to achieve while on Internship.

The goals must have the following characteristics:

- 1) **Specific** - set clear, concrete goals.
- 2) **Measurable** - identify markers that will indicate when you have reached your goals
- 3) **Achievable** - ensure that your goals are realistic. Ask yourself the question of whether your goal is actually achievable or not
- 4) **Relevant** - choose goals that are applicable to your area of preference in the Hospitality and Tourism. Make sure that these goals are something you will truly invest in, because you will be focusing a great deal of time and energy on them.
- 5) **Time-Related** - set a timeline that will guide your progress

The goal you set must be challenging. At the same time, it should be realistic and attainable, not impossible to reach. It should be challenging enough to make you stretch, but not so far that you break. Above all your competency goals must prove you with some tangible results that would be beneficial to your academic and future career growth.